



REDEEMED FOR A CAUSE OUTREACH

WELCOME NEW AND RETURNING INTERNS

Redeemed For A Cause Outreach welcomes our new intern, Kyliah Singletary, who is a student at Holy Family University. Also, we would like to welcome back Danielle Heulitt, who is a student at Rowan University. The interns will assist with grant opportunities, research on topics pertaining to human trafficking, sorting toiletries, preparing care packages, etc. We are excited for the new semester and look forward to our new partnerships.

Intern Corner...

Hello! My name is Danielle Heulitt and I am currently an intern at Redeemed For A Cause Outreach. I am completing the rest of my intern hours for Rowan University and hoping to graduate by December 2022! My experience interning here at Redeemed has been amazing. I assist my supervisor, Sakinah Love, with a variety of tasks to keep the organization running and provide the best support services we can! Once I graduate, I plan on continuing my human service journey to work for Mercer County in the Adult Protective Services located in Central New Jersey! I also plan on volunteering at Redeemed to stay in touch with the community we have serviced, as well as staying in touch with my supervisor and other colleagues who have helped me and taught me a lot about the Human Service profession and field throughout most of my college experience!

CONTINUING PARTNERSHIPS

Starting in October, Villanova University students will be partnering with Redeemed For A Cause Outreach to assist with sorting toiletries, preparing care packages, assist with our upcoming events, etc. Villanova University students assisted us with our past events, and they have been a great help. We are excited about this opportunity.

PROMOTING SELF-CARE

Throughout the month of September, Redeemed For A Cause Outreach highlighted different self-care practices and shared tips on how to invest in your own personal wellness. We provided tips on how to interact with individuals who are victims of sexual abuse as this can be a sensitive topic, we need to be aware of our response. Also, how to be honest in your feelings without judgement is key to healthy emotional regulation which includes paying attention to your body, name what you're feeling without judgement, identify what triggered the feeling, etc. Lastly, physical self-care is not just for your mental health. It is for every aspect of your being, including mind, soul, and body. Taking care of your body is the root of a healthy and happy life.

NATIONAL HUMAN
TRAFFICKING
HOTLINE

1-888-373-7888

Many have inquired with Redeemed for a Cause Outreach asking how they could **support our ongoing efforts to provide necessities for trafficked women and girls.** Well, here is a way!

We are seeking help to maintain the upkeep of the toiletries we give out during our street outreach, in the emergency community hubs, as well providing them to students in elementary and high schools. Schools we work with include West Catholic Preparatory High School, Richard Allen Preparatory Charter School, Roxborough High School, Edward Heston Acceleration, Camelot Academy Philadelphia, and Vaux Big Picture High School.

Partner with us today to provide toiletries to women and girls who are in need. Drop off days for donations are Wednesday, Friday, and Saturday at our **South Philly location, address: 730-732 W. Moyamensing Ave, Philadelphia PA 19148,** from 12pm-2pm.

Redeemed for a Cause Outreach

TOILETRY DRIVE

Redeemed for a Cause is hosting an ongoing **critical** toiletry drive to address needs created by the pandemic. **CoVid-19** has **worsened sex trafficking** in **Philadelphia**, in particular **child sex trafficking**, and our **women and girls** are in need of:

- underwear
- tank tops
- socks
- disposable washcloths
- deodorant (travel size)
- hand sanitizer (travel size)
- make-up pouches
- ziploc bags
- tampons
- pads
- lotion (travel size)
- combs
- brushes
- toothbrush/toothpaste (travel size)
- shampoo (travel size)
- conditioner (travel size)
- razor
- bars of soap
- make-up

Drop off toiletries at our drop-in center, **730 - 732 W Moyamensing Avenue**, between **11:00 a.m. and 1:00 p.m.** on **Monday, Friday, or Saturday.** Monetary donations are welcome in place of toiletries.

- \$25** provides a woman or girl trapped in sexual exploitation with hygiene essentials and a snack for a month
- \$50** covers the weekly cost of gas for our van to pick up donations and transport women to medical appointments and our drop-in center
- \$75** provides crisis support to meet urgent needs of women during our BI-WEEKLY outreach efforts
- \$100** helps to cover the monthly rent for our drop-in center and provides day-to-day operation support



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Redeemedforacause

IN PENNSYLVANIA

There were **221 human trafficking** cases reported in 2020.

- »» **183** involved **sex trafficking**
- »» **23** involved **labor trafficking**
- »» **57** involved **minors**
- »» **138** involved **adults**

NEVER DOUBT THAT A SMALL GROUP OF THOUGHTFUL, COMMITTED CITIZENS CAN CHANGE THE WORLD. INDEED, IT IS THE ONLY THING THAT EVER HAS.

Margaret Mead

GET

At **Redeemed for a Cause**, well-being is at the forefront of what we are **working together** towards. Our programs and activities are designed to be a **catalyst** that helps community members reach their goals and **fulfill their potential.** Learn more about the impact we have and join us in bringing about **positive change.**
www.redeemedforacause.org

IN OUR NEXT ISSUE

Random Acts of Kindness Event



www.redeemedforacause.org



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